

# I Will...



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## All-Age Activities: Reflecting on Legacy Using the Water Cycle as a Metaphor

These activities can be tailored for children, youth and adults, helping everyone reflect on the spiritual legacy we leave behind and how it connects to the water cycle. They combine teaching, fun, and meaningful reflection. Please note, there are also colouring sheets for children and adults.

### 1. “Legacy in Motion” – Water Flow Relay (All Ages)

**Objective:** To demonstrate how our actions and faith can flow through generations, just like water in the water cycle.

**Instructions:**

- Set up two stations: one with a full bucket of water and one with an empty bucket some distance away.
- Participants form a line between the buckets.
- Using a cup or sponge, participants pass water down the line to fill the empty bucket.
- Time the teams to see how quickly they can work together to transfer the water.

**Materials:**

- Buckets
- Small cups or sponges
- Water source (or use outdoor space for easier clean-up)

**Reflection:**

- After the activity, gather everyone and talk about how the water represents our spiritual legacy. Just as the water was passed from one person to another, our love, wisdom, and faith flow from us to others. Discuss how this “flow” can continue through generations, just like the water cycle.

## 2. “Evaporation to rainfall” – Personal Legacy Journals (Teens and Adults)

### Objective:

To reflect on the “evaporation” of prayers and efforts we put forth and the “rainfall” of blessings that fall through our legacy.



### Instructions:

- Invite participants to reflect on two aspects of their legacy: (1) the “evaporation” of their prayers, faith, and actions that rise up to God, and (2) the “rainfall” or impact of those efforts on others and the world around them.
- Participants can write or draw in their journals, answering questions like:
  - What prayers and hopes are you sending up to God for your family, community or future generations?
  - What blessings have you received from others that helped shape your faith?
  - How can you be a source of refreshing “rain” in someone else’s life – nourishing them spiritually?
- Decorate the journals with water-themed stickers to symbolise the ongoing flow of God’s grace through our lives.

### Reflection:

- Share aloud or in small groups. Discuss how intentional actions today can lead to lasting blessings for others.





## Materials:

- Mason jars or any clear container
- Paper cut into water-drop shapes
- Pens
- Stickers or ribbons to decorate the jars



## 3. “Clouds of Blessings” – Blessing Jars (Children and Families)

### Objective:

To recognise how we can “store up” blessings, just as clouds store water, and then pour them out to others.

### Instructions:

- Give each family or group a jar and some paper water drops.
- Ask them to write down blessings they have received from others (or ways others have influenced their faith), one blessing per water drop.
- Place the water drops into the jar, representing how God “fills up” blessings in our lives.
- Once the jar is full, discuss ways they can “pour out” those blessings on others. This can include writing encouraging notes, helping others, or praying for someone in need.

### Reflection:

- As water is stored in clouds before it falls to nourish the earth, so are God’s blessings gathered in our lives. Ask participants to think of ways they can pass those blessings on to others, leaving a legacy of love and faith.





## 4. “Rain Makers” – Service Projects (All Ages)

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### **Objective:**

To put the metaphor of rainfall into action by blessing others through service.

### **Instructions:**

- Choose a community service project, such as:
  - Cleaning up a local park or playground (symbolising how rain cleans and refreshes the earth).
  - Creating care packages or blessing bags for people in need.
  - Planting a garden or flowers at the church or in the community, symbolising the “growth” that comes from our legacy.
- After completing the service project, gather for a time of prayer and reflection.

### **Reflection:**

- Discuss how acts of service are like rain falling on dry ground – they refresh, restore, and bring new life. Ask how these acts of service reflect the legacy we want to leave behind.





## 5. “Family Water Cycle Tree” – Craft Activity (Children and Families)

### Objective:

To create a visual representation of the spiritual legacy we leave using the water cycle as a metaphor.

### Materials:

- Large paper or poster board
- Markers or crayons
- Water-themed cut-outs (raindrops, clouds, rivers, etc)
- Family photos or pictures

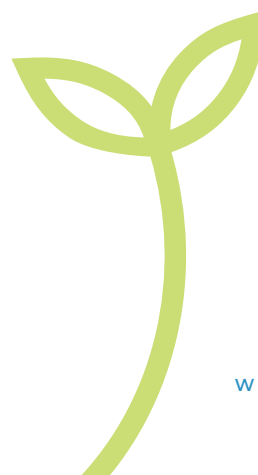


### Instructions:

- Draw a large tree on the poster board to represent the family's or group's spiritual legacy.
- Use water-themed cutouts to represent different stages of the water cycle:
  - Clouds: Write down prayers, dreams, and blessings you've “stored up” from God.
  - Raindrops: Write acts of kindness, wisdom, or spiritual gifts you've shared with others.
  - Rivers: Draw lines or paths to show how these blessings flow from generation to generation.
- Attach family photos or pictures of people who have influenced your spiritual journey.

### Reflection:

- Talk about how the blessings we receive from God are passed down and shared, much like how water in the cycle moves from clouds to rain, then into rivers and oceans. Reflect on how each family member or participant is part of a greater spiritual legacy.



## 6. “Passing the Water Flow” – Discussion Circle (Teens and Adults)

### Objective:

To reflect on personal legacy and how faith and actions “flow” through life.

### Materials:

- A cup or small bowl of water

### Instructions:

- Gather in a circle. Pass the cup of water from one person to the next.
- As each person holds the water, they share one way they hope to leave a positive legacy (a memory, value, or lesson they want to pass on).
- After sharing, they pour a small amount of water into a larger bowl in the centre, symbolising how each contribution helps form a collective legacy.

### Reflection:

- The water in the bowl represents the shared legacy of the group or family. Discuss how each person’s faith, love, and actions can flow together to create a lasting impact. Reflect on the ripple effect of even small acts of kindness and faith.





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